

Camino 2019 Adventure Package

Inclusions	Standard Price
<p>3 Month training and preparation program:</p> <ul style="list-style-type: none"> Camino specific exercise program and nutrition advice - designed and monitored by our team of qualified exercise physiologists Personal equipment and training advice Clear instructions, travel advice, supporting documentation and timely communication leading up to your departure <p>Australian leadership:</p> <ul style="list-style-type: none"> Pre-trek briefing at the hotel followed by daily briefings <p>Vehicle Support:</p> <ul style="list-style-type: none"> From Madrid to Santiago, including Finisterre <p>Adventure accommodation:</p> <ul style="list-style-type: none"> Traditional traveller style accommodation (i.e. a mixture of twin share in hotels and dormitory style rooms in albergues and hostels) <p>Acknowledgement:</p> <ul style="list-style-type: none"> Certificate of completion 	\$3500
Optional:	Standard Price
<p>The following upgrades are available for travellers who prefer to have private accommodation for the entire journey rather than the dormitory style accommodation, which is included in the package price:</p> <p>Twin Share Room</p> <p>Singles Supplement:</p> <p>Our singles supplement is available for clients who want a hotel room to themselves on the first and last night of the trip. Additionally, they will be given their own tent to use for the duration of the trek.</p>	<p>\$120/person</p> <p>\$560</p>

Personal Expenses:	Budget
<p>The following personal items and expenses are not included in this adventure package.</p> <p>Trekking Equipment:</p> <ul style="list-style-type: none"> ▪ <u>Full Individual trek package</u> (not required if using a hire or own backpack) \$449.00 ▪ Backpack (not required if using a hire backpack or own) \$199.95 ▪ Hire Backpack (includes pre-trek delivery cost) \$80.00 ▪ Waterpack/bladder \$19.95 ▪ Head torch \$29.95 <p>Personal items:</p> <ul style="list-style-type: none"> ▪ Premium trekking boots (allow \$199) ▪ <u>Superior (anti-fungal) trekking socks</u> \$32.95/pair ▪ appropriate hiking gear (clothing, footwear and hat) ▪ personal toiletries ▪ camping towel \$19.95 ▪ Basic personal first-aid kit, including insect repellent and pharmaceutical items (allow \$30) 	

Exclusions:	Budget/ Approx.
<p>Travel Expenses:</p> <ul style="list-style-type: none"> ▪ International flights to Madrid (Ex BNE example) 	<p><i>Allow between \$1300 to \$2200</i></p>
<p>Medical Expenses:</p> <ul style="list-style-type: none"> ▪ Pre trek preparation and associated medical costs (including, but not limited to obtaining medical clearance, required prior to commencing the training program) 	<p>\$50</p>
<p>Other Expenses:</p> <ul style="list-style-type: none"> ▪ Lunches, snacks, drinks ▪ Local souvenirs and crafts ▪ Personal expenses at the airport/hotel 	<p>\$200</p>