

Participants who are booked on one of our PNG adventures will receive a series of emails leading up to the departure date. The information contained in each email and approximate time frame in which they will be sent, is outlined below. If you have any questions or concerns, please contact us

Part 7 Issued: 1wk after return Part 6 Content: Issued: 1wk prior to - Welcome back departure Part 5 - Continue fitness Content: Issued: 3 wks prior - Set new goals - Confirmed itinerary to departure - Health Part 4 - Travel instructions considerations Content: Issued: 6-8wks prior and equipment - Future adventures - Update personal to departure checklist Part 3 details - Leadership - Trek leader details Content: Issued: 2-3mths programs - Roommate - Draft travel - Emergency contact prior to departure - Ongoing contact requests Part 2 details itinerary - Event - Backpack packing **Issued:** prior to Content: - GPS spot tracker - PNG travel guide Management/ guide - Training guide training - Women's guide - Preparation & Part 1 **Delivery Survey** - Stretch program - PNG Visa Training Survey Content: **Issued:** upon receipt - PNG Tourism Trip - Training program - Medical information of deposit Advisor - Nutrition guide considerations - Final request for Content: - Hiking boot guide optional services - Travel

- requirements and planning guide
- Travel insurance
- Copy of digital terms and conditions
- Review inclusions and exclusions
- Confirm personal details
- Booking Survey

- Backpack selection and fitting guide
- Equipment Checklist

- Final invoice sent