

Campfire Academy (TM) testimonials

“Campfire Academy didn’t hype me up — it stabilised me. I left calmer, clearer, and far more capable under pressure.”

— *Mark T., Senior Leader*

“This was the first program where I felt like my nervous system was being trained, not just my mindset.”

— *Sarah L., Educator*

“I came in exhausted. I left with capacity — not motivation, but actual capacity.”

— *James R., Business Owner*

“The conversations around the fire were the most honest leadership conversations I’ve had in years.”

— *Emma K., Health Executive*

“No fluff. No forced vulnerability. Just real tools that actually hold up when life gets hard.”

— *Daniel P., Emergency Services*

“Campfire Academy gave me language for things I’d felt for years but couldn’t articulate — load, reserve, recovery, identity. It’s changed how I lead my team and how I lead myself.”

— *Michelle D., School Principal*

“What surprised me most was how practical it was. I didn’t just feel better for a weekend — I’m still using the frameworks months later when pressure hits.”

— *Tom W., Operations Manager*

“There was something deeply grounding about stripping leadership back to its essentials — fire, stories, physiology, and truth. It recalibrated me.”

— *Rachel S., Consultant*

“I arrived at Campfire Academy carrying years of cumulative stress that I’d normalised. I didn’t realise how narrow my operating range had become. Through the sessions, the models, and the conversations, I didn’t just ‘feel inspired’ — I regained range. I now notice pressure earlier, recover faster, and lead with far more steadiness. This should be compulsory for anyone in leadership.”

— *Andrew M., Executive Leader*

“What makes Campfire Academy different is that it respects the reality of modern life. It doesn’t ask you to be superhuman. It teaches you how to expand capacity without burning out. The experience around the campfire created safety without softness, depth without drama. I left stronger — not louder, not busier — just stronger.”

— *Claire B., Organisational Psychologist*

CORPORATE LEADERSHIP TESTIMONIALS

“This wasn’t another leadership retreat. It fundamentally changed how I manage pressure — in myself and across my team. The capacity frameworks now sit underneath every major decision I make.”

— *Chief Operating Officer*

“Campfire Academy helped me see why high performers burn out — and how to prevent it without lowering standards. That alone has changed our culture.”

— *Senior HR Director*

“I lead better meetings now. Fewer words. Less reactivity. Better outcomes. That came directly from this program.”

— *General Manager*

Long-form:

“I arrived successful but stretched thin. Campfire Academy gave me a diagnostic lens — load, reserve, recovery — that finally explained why effort wasn’t translating into clarity anymore. I’m calmer in high-stakes moments, and my team feels it. This should be part of executive development, not wellbeing add-ons.”

— *Executive Leader, ASX-listed company*

EDUCATION TESTIMONIALS (Teachers, Leaders, Schools)

“This gave me tools to stay present in the classroom when things escalate — without carrying it home.”

— *Secondary Teacher*

“We talk a lot about resilience in schools. Campfire Academy actually teaches it — at a physiological and behavioural level.”

— *Deputy Principal*

“I didn’t just learn how to support students better — I learned how to stop sacrificing myself in the process.”

— *Primary School Teacher*

“After years in education, I thought stress was just part of the job. Campfire Academy showed me the difference between commitment and cumulative overload. My leadership is steadier, my staff feel safer, and our decision-making is better under pressure.”

— *School Principal*

EMERGENCY SERVICES & HIGH-RISK ROLES

“This is the first program that actually understands operational pressure instead of talking around it.”

— Fire & Rescue Officer

“It didn’t ask us to open up — it gave us structure. That’s why it worked.”

— Police Sergeant

“I recover faster now. I don’t carry the job home the same way.”

— Paramedic

Long-form:

“Campfire Academy put language around what we all feel but rarely name — cumulative load. The tools are simple, practical, and usable on shift. This wasn’t therapy. It was performance protection.”

— Emergency Services Team Leader

YOUTH LEADERSHIP TESTIMONIALS (Schools, Programs, Camps)

“I learned how to stay calm when things go wrong instead of panicking or shutting down.”

— Year 11 Student

“This made leadership feel real — not just something adults talk about.”

— Youth Program Participant

“I didn’t know stress could be trained, not just endured.”

— University Student Leader

Long-form:

“Campfire Academy taught me how to handle pressure without losing who I am. I feel more confident speaking up, making decisions, and backing myself when things get uncomfortable.”

— Youth Leadership Participant