



Our Spirit  
Adventures

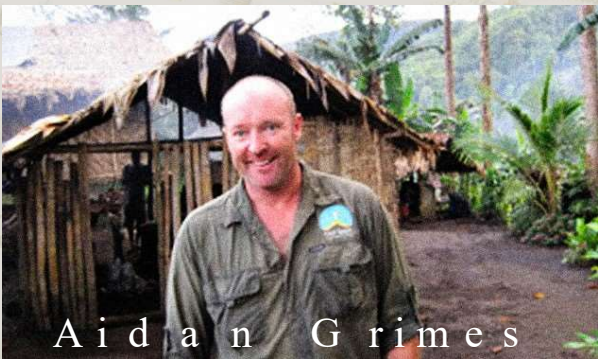
Invites you to join us on a

# CAMINO

## SPANISH PILGRIMAGE

A d v e n t u r e a w a i t s

This is your time to take action



**Aidan Grimes**  
Director of Our Spirit,  
Trek Leader

Join us on the Camino Frances, the crown jewel of Spanish walking trails. Over 12 days, we will walk approximately 200km through the well loved Galecian Region on this Spanish Pilgrimage.

After a thousand years of traveller's crossing Spain to visit the sacred tomb of St James, the "Camino" or "way" has developed into one of the world's most sought after walking treks. There are many aspects as travelers get to experience a set of first-class historical heritage sites, outstanding natural landscapes and green majestic hills, the small hamlets and ancient buildings, cathedrals and to follow in the footsteps of this ancient trail steeped in history in northwestern Spain finally ending at Cape Finisterre.



[ourspirit.com.au/2023-camino-de-santiago](https://ourspirit.com.au/2023-camino-de-santiago)  
[facebook.com/OurSpiritPtyLtd](https://facebook.com/OurSpiritPtyLtd)  
[info@ourspirit.com.au](mailto:info@ourspirit.com.au)  
Ph: 0414 521 531



We travel not to escape life but for life to not escape us

## History, Education, Spiritual & Social Immersion

The Camino, as it is known in Spain, still passes through the same villages, crosses the same rivers, visits the same chapels, churches, cathedrals and other monuments as did the path taken by our predecessors in centuries gone by. As in the past the importance of the trek continues to support the two way cultural exchange and dissemination of knowledge. It is a social networking path where people from all over the world gather to seek a positive experience with like - minded others.

What makes this adventure special and a trip of a lifetime are the people you meet, the places you visit, the history, the stories you share and the challenges you overcome.

### Qualified Guides And Support

Our Spirit Adventure Guides have applied our experience, researched thoroughly and have developed and organised innovative ways to walk the Camino. We have created and produced manageable sections to help ensure your success utilising our vast network of support staff. We are proud to say that our trek actually goes to the Cape of Finisterre,

which for some is seen as the actual conclusion. Our Experienced Guides know the heart of the Camino and gladly invest time and energy in delivering its beat.

### Safety

As part of our safety protocols we at all times have mobile and satellite phone coverage, Epirbs and tracking devices to allow your movements to be monitored at all times. The tracking device allows family back home to stay up to date with where you are on your adventure on social media. Your Trekking Guide is also a qualified medic and has procedures in place should intervention be required.

### Dedicated Support Vehicle

At all times while on this adventure, our group is supported by our own dedicated Van support, which will transport your bags securely to each daily destination. Our support van will also be available should you require a break from walking. This support van will also be available should you have a family member who wants to travel with you but does not want to walk.



A d v e n t u r e s   n o u r i s h   t h e   s o u l

### c u l t u r a l

Open your mind to an amazing kaleidoscope of sights, sounds and tastes.

Spain has a very rich heritage of exotic dishes that will tantalise your taste buds. Their famous tapas are delightful with your afternoon drinks in the open air square as the sun goes down.

This is a rare delight when wine is cheaper than water. You will see the Spanish community come and share the square as you see how they do life each afternoon.

Find all details on our up-to-date site:

[ourspirit.com.au/2023-camino-de-santiago](https://ourspirit.com.au/2023-camino-de-santiago)

We look forward to taking care of you on your exciting Camino experience as you embrace the Our Spirit philosophy:

*life is richer when we travel.*

